

# **Young For Life: The Easy No-Diet, No-Sweat Plan To Look And Feel 10 Years Younger By Marilyn Diamond**

**By Marilyn Diamond**

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Marilyn Diamond and Dr. Donald Rock: Young For Life The Easy No-Diet, No-Sweat Plan to Look and Feel 10 Years Younger. Posted on Jan 1, 2015 | 0 comments

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Dr Rock profiles Name Search. First He is the head researcher and co-author with Marilyn Diamond of Young for Life: The No-Diet, No-Sweat Plan to Look and Feel 10

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